

Towards Positive Changes in the Quality of Life of Tea Population in Upper Assam

ABITA – UNICEF Intervention -

The ITA Sustainability Cell has been monitoring the progress of the ABITA – UNICEF programme on Child Rights, Child Protection & Nutrition in 116 estates of upper Assam gardens under Zone 1. The project ran a course of 3 years commencing 2014 and ending on 31st December 2017.

There has been a positive deviance on Health & Hygiene Practices, Child Protection & Child Rights issues and reduction in early marriage cases. Overall there has been an improvement in the lives of the tea population in the ABITA gardens especially amongst women & children.

COMPARISON OF BASELINE AND ENDLINE OF 63 TEA GARDENS OF UPPER ASSAM			
KNOWLEDGE			
SL.NO	AWARENESS ABOUT	BASELINE REPORT	ENDLINE REPORT
01	Personal Hygiene, Menstrual Hygiene	34.50%	76.80%
02	Healthy Cooking Eating Habit	22.00%	76.70%
03	Locally Available Nutritious Food	24.70%	77.10%
04	Safe Drinking Water and Sanitation	27.40%	77.30%
05	Nutrient Deficiency Disorders and Its Prevention	11.70%	74.90%
06	Avoiding Drugs/Alcohol Abuse	20.30%	70.10%
07	Legal Age For Marriage for Boys	56.60%	77.80%
08	Legal Age For Marriage for Girls	74%	87.50%
09	Contraceptive Methods TO Avoid Pregnancy	11%	32.00%
PRACTICES			
01	Practicing Open Defecation	12.90%	3.40%
02	Owned Toilet	83%	90%
03	Water Filtration	7%	18.00%
04	Use Of Sanitary Pads	25.60%	64.70%
05	Use Of Extra Salt	56%	39%
06	History Of Regular IFA Consumption	31%	54%
07	History Of Dewarming	16.80%	23.80%
OUTCOME			
01	Mean Height (cm)	146.7	147.7
02	Mean Weight (K.g)	39.1	39.9
03	Mean Hb (gm/dl)	9.17	10
ANEMIA			
A	Severe Anemia (Below 8 gm/dl)	20.8	8
B	Moderate Anemia (8.1 - 9.9 gm/dl)	46	36.3
C	Mild Anemia (10 - 11.9 gm/dl)	29	32.7
D	Normal (Above 12)	1.4	22

A snapshot of the base-lines and end-line have been reproduced for your information: